	<b>DEPARTMENT OF CORRECTIONS AND REHABILITATION</b> <b>CORRECTIONS ADMINISTRATION</b> <b>POLICY AND PROCEDURES</b>	<b>EFFECTIVE DATE:</b> January 01, 2024	<b>POLICY NO.:</b> COR.14.14
		<b>SUPERSEDES (Policy No. &amp; Date):</b> COR.14.14 of May 12, 2016	
<b>SUBJECT:</b> <b>RECREATION AND LEISURE TIME</b>		Page 1 of 3	

## 1.0 PURPOSE

To provide guidelines for inmate recreation programs and establish minimum levels that shall be available to inmates.

## 2.0 SCOPE

This policy shall apply to all correctional facilities within the Department of Corrections and Rehabilitation (DCR).

## 3.0 REFERENCES, DEFINITIONS & FORMS

### .1 References

- a. *Allen v. Sakai*, 40 F.3d 1001, 1004 (9<sup>th</sup> Cir. 1994).
- b. *Wilson v. Seiter*, 501 U.S. 294, 304-305 (1991).

## 4.0 POLICY

Facilities shall provide a comprehensive recreation program for all inmates. The U.S. Supreme Court has identified exercise as a basic necessity of life. At minimum, active indoor and outdoor activities, quiet indoor activities, hobby craft and cultural awareness activities shall be included whenever possible. The program objectives are to provide opportunities for inmates to develop and maintain physical fitness, to learn and practice constructive use of leisure time, and provide opportunities for positive interaction among inmates.

## 5.0 PROCEDURES

- .1 A qualified person who specializes in recreation and leisure services shall supervise recreation programs.
- .2 Opportunities for participation with in-community or dayroom activities shall be developed for eligible inmates. These activities do not necessarily involve aerobic or muscle-resistance exercise and is useful in reducing inmate idle time. However, in-community or dayroom activities cannot be the only exercise option.

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- .3 In-community or dayroom activities may include, but are not limited to reading, board games, social interaction with other inmates, arts and crafts, music, and community service projects.
- .4 Staff supervision during recreation activities shall be provided.
- .5 Facilities and equipment shall be maintained in good condition.
- .6 Using inmate workers as recreation aides is encouraged. Programs utilizing inmate workers shall establish procedures for the selection, training, and duties of inmate workers.
- .7 The program shall be assessed annually to ensure appropriate application for inmate needs and program objectives.
- .8 Provisions shall be made for inmates with special needs, i.e., physically handicapped, disabled, infirmed, etc.
- .9 Inmates shall have the opportunity for time outside of their cells.
  - a. General population inmates shall be provided at an hour of recreation a day, five (5) days a week.
  - b. Inmates in segregation shall receive an hour of outdoor exercise, five (5) days a week.
  - c. Exceptions to the above can be made for:
    - 1. Inclement weather;
    - 2. Emergency situations;
    - 3. Any situation that is a hazard to health and/or safety of inmates and staff;
    - 4. When intelligence is received or developed indicating an imminent threat of STG-related or other violence;
    - 5. Following inmate riot or other serious violent incident; and/or
    - 6. Where institutional security is directly threatened.

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
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- d. When the exceptions above have passed, the facility's affected areas, programs and operations should be returned to normal as soon as the facility officials decide it is safe to do so.

APPROVAL RECOMMENDED:

  
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Deputy Director for Corrections                      JAN 0 1 2024  
Date

APPROVED:

  
\_\_\_\_\_  
DIRECTOR    JAN 0 1 2024  
Date

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