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**Subject:** FW: [EXTERNAL] 21P8009: Promoting Wellness and Resiliency in Correctional Staff  
**Date:** Thursday, January 7, 2021 9:11:00 AM

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**From:** National Institute of Corrections <nic@service.govdelivery.com>  
**Sent:** Thursday, January 7, 2021 4:44 AM  
**To:** Takenaka, Gavin K <gavin.k.takenaka@hawaii.gov>  
**Subject:** [EXTERNAL] 21P8009: Promoting Wellness and Resiliency in Correctional Staff

## ***21P8009: Promoting Wellness and Resiliency in Correctional Staff***

**Date and Time** : February 2<sup>nd</sup> / 11am PT / 12pm MT / 1pm CT / 2pm ET for one hour

**Webinar Summary** : Do you want to see what some of the latest data and promising practices are revealing about staff wellness for corrections officers and staff? Would you like to learn how to apply a holistic approach to your workplace along the continuum of preventive to reactive responses? Correctional staff face significant stress and challenges in maintaining wellness and resiliency in the workplace. There is emerging evidence that effective strategies and programs exist; however, they often occur in a piecemeal or sporadic fashion. This webinar provides academic insight into the current research on officer wellness and references emerging areas of innovative practices. It includes practitioner expertise on valuable resources and support for correctional officers and staff. We will move from preventive to reactive strategies and build on new approaches to increase resiliency. Participants will learn what research and practice tell us about the short and long-term effects that working in corrections can have and how to promote staff wellness and manage trauma in response to what they experience.

**Learning Objectives** : During this one-hour interactive webinar, participants will 1) develop an understanding of the current research on correctional staff wellness and resiliency, 2) learn how to apply a holistic approach to their workplace, and 3) gain knowledge on promising real-world practices that can assist and promote both wellness and resiliency.

### **Speakers**

**Dr. Hayden Smith** is an Associate Professor of Criminology & Criminal Justice at the University of South Carolina. His principal focus of study is the intersection of the criminal justice and public health systems. Core areas include self-injurious and suicidal behaviors in incarcerated populations, physical and mental health needs in correctional settings, jail diversion, reentry initiatives, and correctional staff well-being and safety. Dr. Smith has expertise in program evaluation and policy analysis and has worked with numerous

correctional and health systems.

**Ms. Karin Ho** is the Director for Victim Services with the South Carolina Department of Corrections. She has more than 30 years of victim advocacy experience and over 25 years in corrections. Recognizing how correctional staff were affected by traumatic events, she implemented the Critical Incident Stress Management (CISM) Peer Team and Post Critical Incident Seminars for employees with ongoing trauma-related issues. As part of the CISM Team, Karin is the handler for a specially trained trauma dog who responds to correctional staff throughout the state.

The presenters have engaged in several academic-practitioner partnerships that address correctional officer and staff well-being.

### **Who Should Attend ?**

Any employee of a state, federal or local correctional jurisdiction.

### **How Do I Register ?**

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### **Who Do I Contact for More Information ?**

#### **Content and Technical Contact**

Scott W. Richards, Correctional Program Specialist, NIC Prison's Division

[s1richards@bop.gov](mailto:s1richards@bop.gov)

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