

From: [Schwartz, Toni E](#)
To: [PSD All](#)
Subject: CDC/DOH Poster - Prevent the spread of germs
Date: Friday, February 28, 2020 4:21:57 PM
Attachments: [FINAL CDC Germs Poster 18x24 02-26-2020.pdf](#)

Aloha everyone,

This poster can be put up on common area bulletin boards for those seeking more information on ways to prevent the spread of germs.

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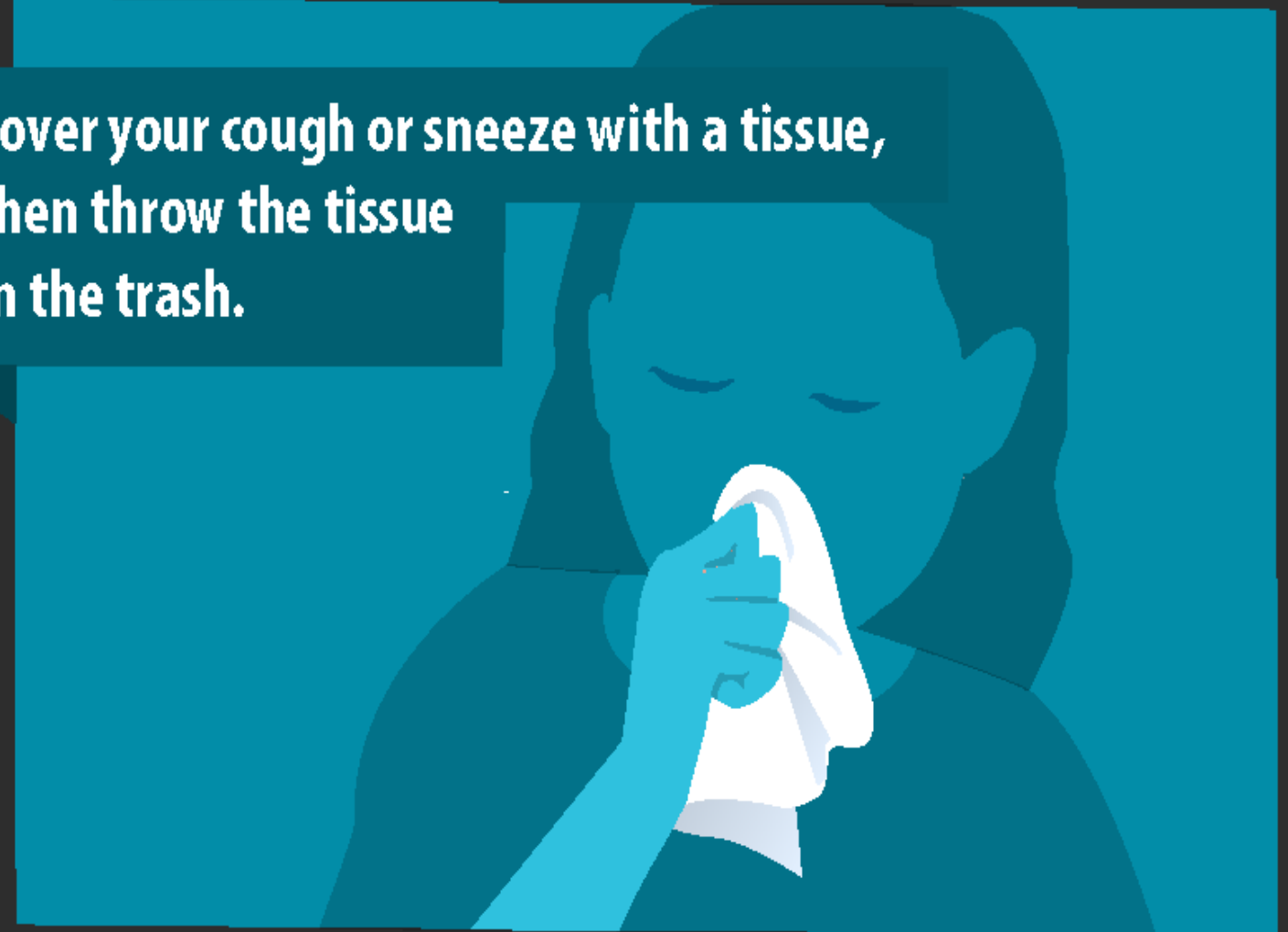
STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

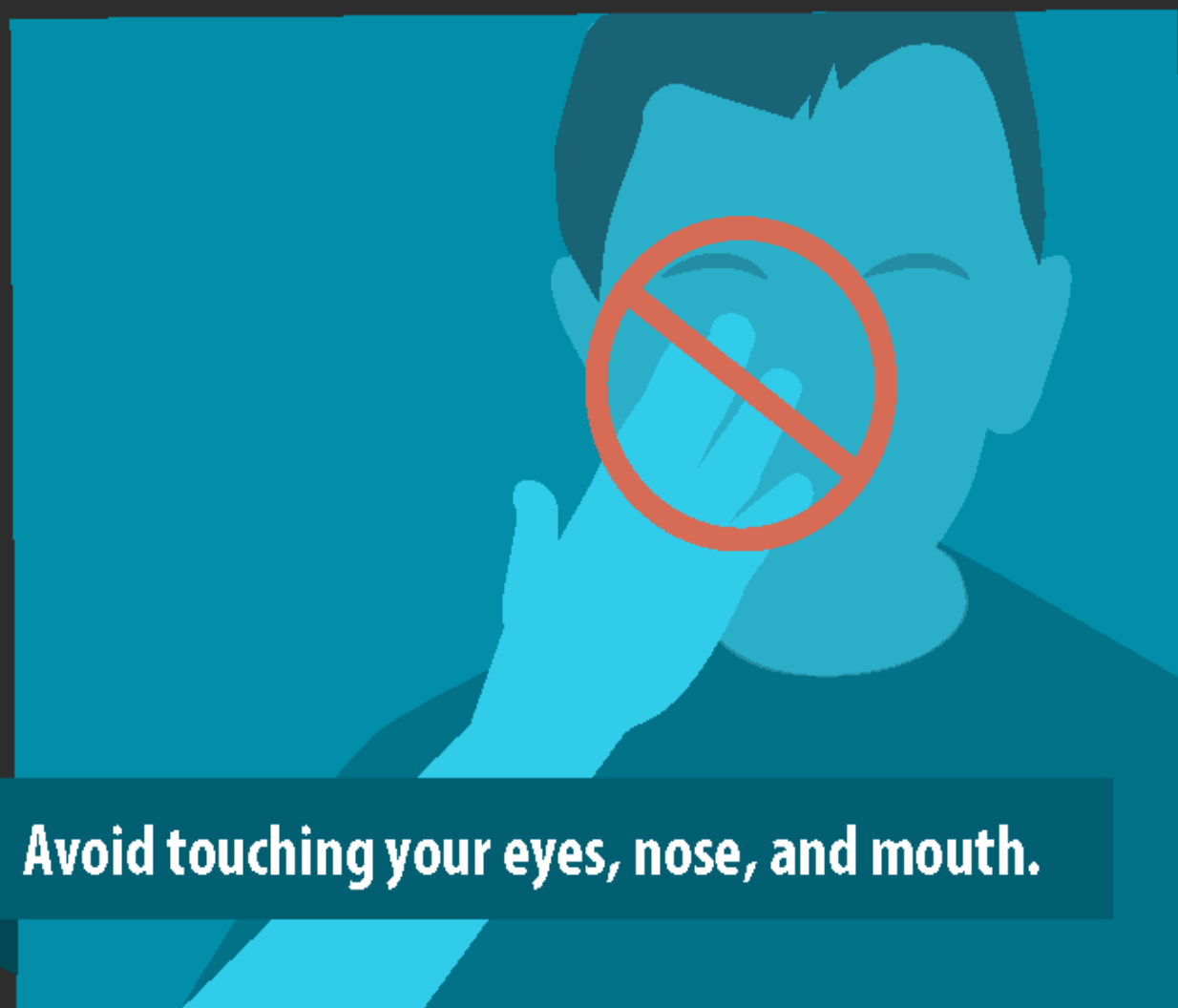
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



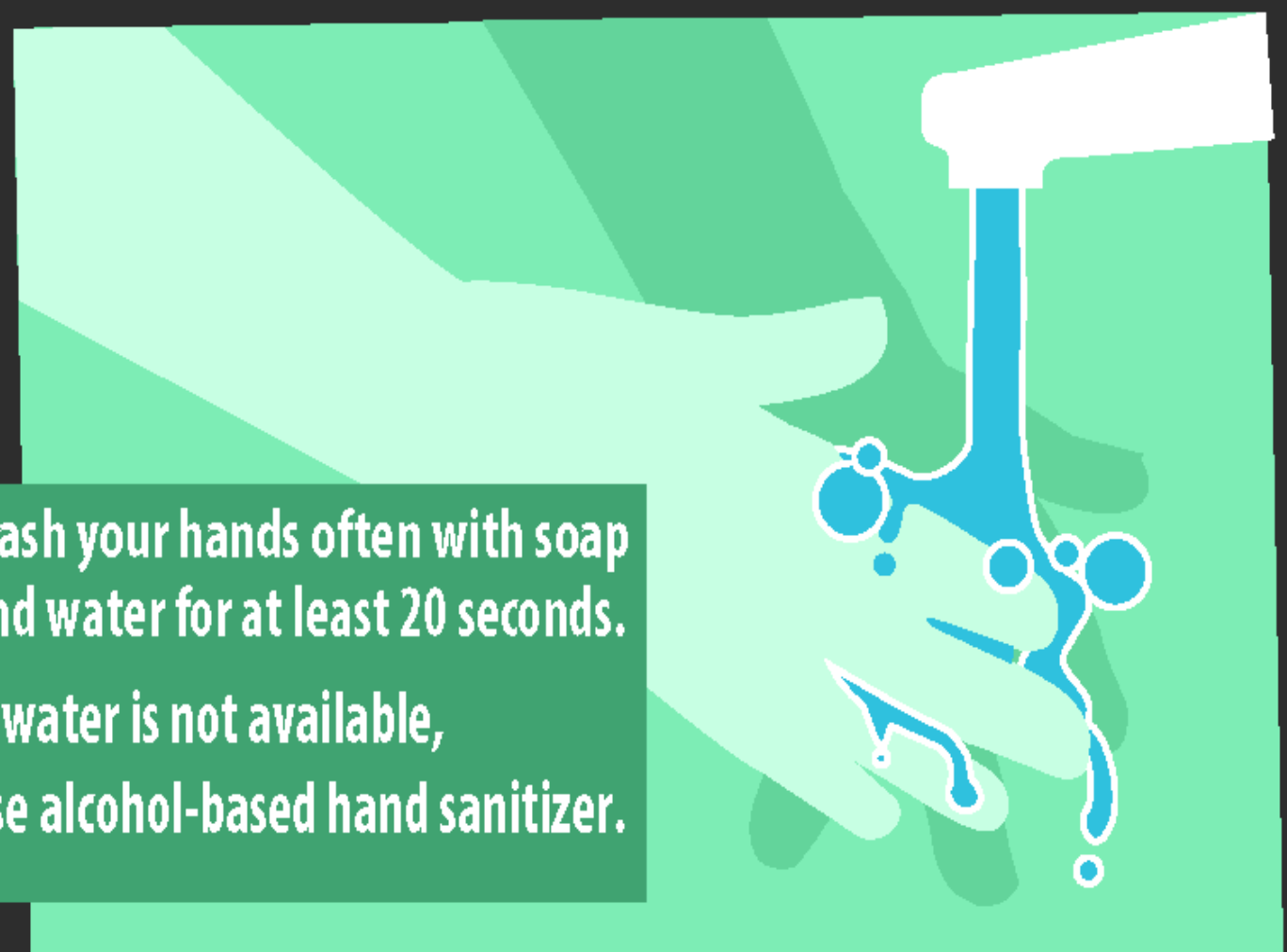
Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds. If water is not available, use alcohol-based hand sanitizer.



For more information: <http://health.hawaii.gov>
www.cdc.gov/COVID19