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GOVERNOR



STATE OF HAWAII
DEPARTMENT OF PUBLIC SAFETY

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No. _____

December 18, 2018

The Honorable Ronald D. Kouchi,
President and Members of the Senate
Twenty-Ninth State Legislature
State Capitol, Room 409
Honolulu, Hawaii 96813

The Honorable Scott K. Saiki, Speaker
and Members of the House of
Representatives
Twenty-Ninth State Legislature
State Capitol, Room 431
Honolulu, HI 96813

Dear President Kouchi, Speaker Saiki, and Members of the Legislature:

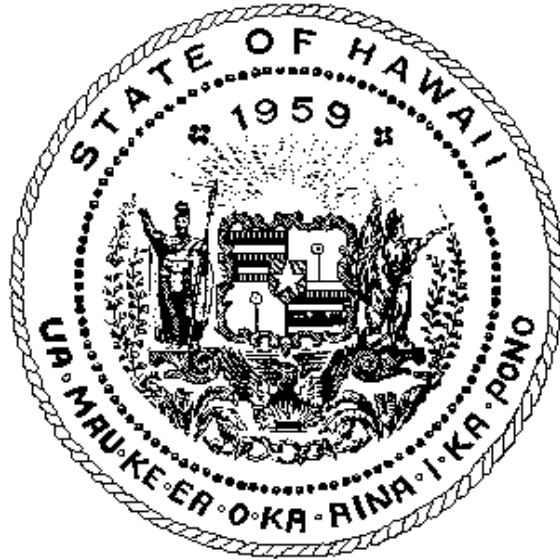
For your information and consideration, I am transmitting a copy the **Report on Cognitive Restructuring**, as required by Act 193, Session Laws of Hawaii 2010, Section 353G-13 [c], Hawaii Revised Statutes. In accordance with Section 93-16, Hawaii Revised Statutes, I am also informing you that the report may be viewed electronically at: <https://dps.hawaii.gov/wp-content/uploads/2018/12/Cognitive-Restructuring.pdf>

Sincerely,

A handwritten signature in blue ink that reads "Nolan P. Espinda".

Nolan P. Espinda
Director

Enclosures



**DEPARTMENT OF PUBLIC SAFETY
REPORT TO THE 2019 LEGISLATURE**

**ACT 193, SESSION LAWS OF HAWAII 2010
COGNITIVE RESTRUCTURING**

**Department of Public Safety
Corrections Program Services Division
December 2018**

INTRODUCTION

In 2010, the Twenty-Fifth Legislature passed Act 193 with the purpose of authorizing the Department of Public Safety (PSD) to offer reentry/reintegration programs within Hawaii's correctional facilities that included cognitive-behavioral therapy with cultural and other interventions. The legislative intent of these programs was to promote the successful transition of offenders from incarceration to the community by addressing domestic violence, addictions, self-mastery through identity and community connections.

PSD was unable to implement new contracts for reentry/reintegration programs that included cognitive-behavioral therapy with cultural and other interventions due to the lack of additional funding. PSD was able, however, to continue with the provision of intervention programs to address reentry/reintegration during FY 2014 with previously reduced allocations for cognitive-behavioral programs that focused on self development, substance abuse treatment and/or sex offender treatment.

EDUCATION PROGRAM SERVICES

General Course Descriptions/Criteria

Self Development Courses focus on personal change and personal growth. Courses in this group include Cognitive Skills, Creative Writing, Explorations, Basic and Technical Education, Parenting, Hawaiian Studies, Language and Culture, Yoga, Toastmaster, Career and Technical Education.

Criteria: Cognitive Skills requires a reading level at grade point 6.0 as determined on the Test of Adult Basic Education. Parenting is open to all students who are custodial parents. All other self-development courses are open to any interested student or students referred to the course by their case managers.

Cognitive Restructuring Programs

Lifestiles. A 24-class series program that provides participants with the tools to master their thinking so they can make better decisions when they reenter the community. The program focuses on areas such as criminal thinking errors, pro-social skills, problem solving and planning for a crime free life.

Thinking for a Change 4.0 (T4C) is an integrated cognitive behavioral change program authored by Jack Bush, Ph.D., Barry Glick, Ph.D., and Juliana Taymans, Ph.D., under a cooperative agreement with the National Institute of Corrections (NIC). T4C incorporates research from cognitive restructuring theory, social skills development, and the learning and use of problem solving skills.

Transformations. A program based on research demonstrating that antisocial thoughts and cognitive skill deficits are causally related to criminal behavior. It targets these antisocial thoughts and skill deficits by using a behavioral approach that includes modeling, rehearsing and rewarding. It was not for substance abuse treatment or SOTP.

**Class Completions By Ethnicity
July 1, 2017 through June 30, 2018**

Program	Course	Hawaiian			Non-Hawaiian			Totals		
		Completed	Enrolled	%	Completed	Enrolled	%	Completed	Enrolled	%
Assessments	High School Equivalency Testing	15	16	94%	11	13	85%	26	29	90%
	Assessments	458	1,061	43%	793	1,611	49%	1,251	2,672	47%
	Academic	21	125	17%	17	172	10%	38	297	13%
	Vocational	77	111	69%	118	160	74%	195	271	72%
	Totals	571	1,313	43%	939	1,956	48%	1,510	3,269	46%
Academic	Adult Basic Education I	0	15	0%	0	74	0%	0	89	0%
	Adult Basic Education II	1	182	1%	13	207	6%	14	389	4%
	Adult Basic Education III	16	100	16%	14	112	13%	30	212	14%
	Adult Basic Education IV	14	34	41%	22	61	36%	36	95	38%
	General Education	263	833	32%	340	1,225	28%	603	2,058	29%
	Study Period	33	125	26%	41	156	26%	74	281	26%
	Post Secondary	12	28	43%	25	46	54%	37	74	50%
	Totals	339	1,317	26%	455	1,881	24%	794	3,198	25%

Program	Course	Hawaiian			Non-Hawaiian			Totals		
		Completed	Enrolled	%	Completed	Enrolled	%	Completed	Enrolled	%
Basic Career & Technical Education Prep	Basic Career & Technical Education	25	123	20%	12	172	7%	37	295	13%
	Intermediate Career & Technical Education	23	127	18%	47	145	32%	70	272	26%
	Totals	48	250	19%	59	317	19%	107	567	19%
Career & Technical Education	Core Curriculum	16	53	30%	20	75	27%	36	128	28%
	OSHA Safety	5	7	71%	17	18	94%	22	25	88%
	Applied Construction Math	1	17	6%	11	53	21%	12	70	17%
	General Construction	34	39	87%	42	54	78%	76	93	82%
	Plumbing	8	15	53%	17	26	65%	25	41	61%
	Electrical	10	13	77%	25	29	86%	35	42	83%
	Cabinetry	1	8	13%	7	18	39%	8	26	31%
	Culinary Arts	16	20	80%	10	10	100%	26	30	87%
	Automotive Basics	18	25	72%	40	44	91%	58	69	84%
	General Courses	26	82	32%	83	215	39%	109	297	37%
	Introduction to Information Technology	21	45	47%	61	110	55%	82	155	53%
	Microsoft Office Specialist 2013	6	19	32%	10	15	67%	16	34	47%
	Microsoft Office Specialist 2016	8	27	30%	19	66	29%	27	93	29%
	Teachers Assistant	2	2	100%	8	8	100%	10	10	100%
	Employemnt Services	15	67	22%	29	96	30%	44	163	27%
	Agricuilture	32	34	94%	47	54	87%	79	88	90%
	Coding	0	7	0%	1	14	7%	1	21	5%
Welding	2	3	67%	6	8	75%	8	11	73%	
Totals	221	483	46%	453	913	50%	674	1,396	48%	

Program	Course	Hawaiian			Non-Hawaiian			Totals		
		Completed	Enrolled	%	Completed	Enrolled	%	Completed	Enrolled	%
College/University	Independent Study	0	4	0%	5	25	20%	5	29	17%
	Totals	0	4	0%	5	25	20%	5	29	17%
Language & Cultural Studies	Pacific Island Culture	24	30	80%	19	26	73%	43	56	77%
	Hawaiian Culture	2	12	17%	1	13	8%	3	25	12%
	Hawaiian Language	15	16	94%	0	1	0%	15	17	88%
	Spanish Language	2	4	50%	6	8	75%	8	12	67%
	Japanese Language	0	9	0%	4	33	12%	4	42	10%
	Totals	43	71	61%	30	81	37%	73	152	48%
Self Development	Thinking for a Change	6	14	43%	15	29	52%	21	43	49%
	Cognitive Skills Basic Course	112	228	49%	129	265	49%	241	493	49%
	Cognitive Skills Intensive Course	1	12	8%	5	27	19%	6	39	15%
	Cognitive Skills	15	23	65%	33	56	59%	48	79	61%
	Parenting	153	251	61%	184	306	60%	337	557	61%
	Health Management	3	55	5%	22	141	16%	25	196	13%
	Toastmasters	4	62	6%	13	107	12%	17	169	10%
	Tutor Training	0	1	0%	7	9	78%	7	10	70%
	Men In Transition	21	30	70%	29	42	69%	50	72	69%
	Women In Transition	29	53	55%	43	58	74%	72	111	65%
	Intensive Re-entry for Women	8	11	73%	23	34	68%	31	45	69%
	Explorations	0	8	0%	6	17	35%	6	25	24%
Totals	352	748	47%	509	1,091	47%	861	1,839	47%	
Workshops/Seminars	Life Skills	9	15	60%	18	22	82%	27	37	73%
	Womens Health	4	4	100%	7	7	100%	11	11	100%
	Self Improvement	161	332	48%	240	431	56%	401	763	53%
	Employment	1	9	11%	5	8	63%	6	17	35%
	Creative Writing	9	18	50%	16	29	55%	25	47	53%

Program	Course	Hawaiian			Non-Hawaiian			Totals		
		Completed	Enrolled	%	Completed	Enrolled	%	Completed	Enrolled	%
	Arts & Crafts	18	19	95%	17	21	81%	35	40	88%
	Guest Speaker	2	12	17%	7	30	23%	9	42	21%
	NIC/DPS	0	1	0%	15	16	94%	15	17	88%
	Totals	204	410	50%	325	564	58%	529	974	54%
Title 1 N/D	Classroom Training	7	20	35%	6	22	27%	13	42	31%
	Totals	7	20	35%	6	22	27%	13	42	31%

SUBSTANCE ABUSE TREATMENT SERVICES

PSD began assigning inmates to substance abuse treatment levels on July 1, 2009, by utilizing LSI-R/ASUS summary score results. This was accomplished after implementing an Intensive Outpatient Program (“IOP”) for moderate risk offenders at the Halawa Correctional Facility and the Waiawa Correctional Facility. With the implementation of IOP, PSD has been able to provide three distinct and specific substance abuse treatment modalities for low, moderate, and high risk sentenced male and female felons, including ancillary services to promote continuity within the system.

GENERAL TREATMENT DESCRIPTION

Outpatient Substance Abuse Treatment

The Halawa and Waiawa Correctional Facilities and the Women’s, Kauai and Maui Community Correctional Centers all provide Outpatient Substance Abuse Treatment services (“OPS”) through PSD’s Purchase of Service Contract with the Salvation Army. The exception is the Kulani Correctional Facility which provides OPS via permanent State civil-service staff.

OPS services utilize a cognitive-behavioral treatment component lasting approximately 44 hours, typically meeting once a week. An evidence-based, cognitive-behavioral therapy curriculum is utilized. Outpatient services are for inmates who are deemed to be at a lower risk for criminal conduct and who meet diagnostic criteria for substance abuse or dependence. These offenders have had minimal disruption to their psychosocial or vocational functioning due to substance abuse. For FY 2017, there were 417 admissions and 268 successful completions.

Intensive Outpatient Substance Abuse Treatment

Halawa Correctional Facility and the Women’s Community Correctional Center provide Intensive Outpatient substance abuse treatment services through PSD’s Purchase of Service Contract with the Salvation Army’s Addiction Treatment Services. PSD was also successful in developing and implementing an IOP program at the Waiawa and Kulani Correctional Facilities by utilizing existing qualified State staff to administer the program.

The IOP consists of daily, two- to three-hour group sessions, 4 days per week, with accompanying individual counseling sessions, as needed. The Change Companies' Residential Drug Abuse Program, which is an evidenced-based, cognitive-behavioral curriculum, is utilized. The duration of the program is approximately 9 months to completion. Each group is a partially closed-ended group with a maximum number of participants per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

For FY 2018 there were 111 admissions and 91 successful completions. No inmates were terminated due to rules violations. The remaining 20 inmates are either still in treatment, have been transferred to another facility, have been paroled or discharged from custody, and/or decided not to continue with treatment.

Women's Community Correctional Center IOP

The IOP consists of daily, two- to three-hour group sessions, 4 days per week, with accompanying individual counseling sessions, as needed. Staff utilizes the Change Companies' Residential Drug Abuse Program, which is an evidenced-based, cognitive-behavioral curriculum. The duration of the program is approximately 9 months to completion. Each group is a closed-ended group with up to 20 women per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

For FY 2018 there was a decrease in participants serviced within the women's IOP programming due to continued staff vacancies which included both a line staffperson and a supervisory position. There were only 33 admissions and 8 successful completions. Five inmates were terminated due to rules violations.

Residential Substance Abuse Treatment

There are two Cognitive Therapeutic Communities that operate within PSD: *Ke Alaula* (Women's program) and *KASHBOX* (Men's program). The KASHBOX acronym stands for **K**nowledge, **A**ttitudes, **S**kills, **H**abits, **B**ehaviors, **O**pinions, and **X**-factors or *Unknown*.

Ke Alaula is a 50-bed capacity therapeutic community ("TC") operated by Hina Mauka through a purchase of service agreement with PSD and located within the WCCC facility. KASHBOX is a 102-bed capacity TC operated by the State of Hawaii, with full-time civil service positions. Both programs are intensive, long-term, 9 to 12 month therapeutic communities. Programming may exceed 12 months to accommodate participants with greater needs.

Cognitive-Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together, separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior. Specialized services are also provided in the area of sexual and physical abuse, domestic violence, criminality, and other types of gender responsive issues.

The average daily participation of inmates in the Ke Alaula program is 45. At the beginning of FY 2018, there were approximately 50 inmates in the program. By June 30, 2018 there were 61 new admissions, 31 successful completions, and 30 discharges before completion. The remaining three are still participating and carried over into the current fiscal year (FY 2018-19).

The Ke Alaula program is voluntary, allowing participants to opt out prior to completion. At times, various personal issues arise within the treatment context, and participants are encouraged to address newly recognized issues to promote personal growth. While some may benefit, it may also increase anxiety in others, who may deem themselves "not ready" to address those issues and remove themselves from programming. Out of the 30 discharges before completion, 11 were due to non-compliance, 14 due to voluntary withdrawal, and 6 for administrative reasons.

The KASHBOX Therapeutic Community located at the Waiawa Correctional Facility is a Residential Program (Level 3.0) with a 102-bed capacity. The program is an intensive 12-month program serving the male population with the highest levels of risk and needs.

Cognitive-Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together, separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior on a daily basis.

Between July 1, 2017 and June 30, 2018, there were 42 new admissions, 66 successful completions, and 11 terminations due to non-compliance with treatment plan. The remaining inmates continued their participation in the program after June 30, 2018.

Oahu Community Correctional Center, Laumaka Work Furlough Center

Laumaka Bridge Program is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills learned in treatment while transitioning to the community. Family therapy and job development services are provided as the inmate reconnects with family and community resources.

At the beginning of FY 2017, there were approximately 64 inmates participating in the Laumaka Bridge program. By June 30, 2018, there were 114 new admissions, 63 successful completions, and 51 terminations due to non-compliance. The remaining participants remain in treatment, carrying over into the new fiscal year. The daily average inmate participation was 64 inmates.

The Cognitive Behavioral Intervention program (“CBIP”) is designed to address patterns of negative attitudes and behaviors displayed by the inmate while transitioning back into the community. These attitudes and behaviors are documented on a referral form by the case manager and then submitted to the provider. The purpose of this program is to provide an opportunity for the inmate to “get back on track” and to address identified patterns through a cognitive behavioral, evidence-based curriculum, while remaining in the same custody level. Services are offered at the Women’s Community Corrections Center for females and at the Oahu Community Corrections for male offenders.

During the period between July 1, 2017 and June 30, 2018, new admissions included 260 male and 19 female offenders for a total of 279 new admissions. During this period, 20 females and 240 males successfully completed the program, a total 260 successful completions.

The Relapse Intervention Program (“RIP”) is offered at the Waiawa Correctional Facility and the Women’s Community Correctional Center and is designed to provide an opportunity for offenders in furlough programs whom have a positive urinalysis result to go to a minimum security status facility as opposed to medium security status. The case manager would document the circumstances regarding the positive UA on the referral form and submit it to the provider. While in the RIP Program, the offender will participate in evidence based cognitive behavioral programming to specifically target the offenders needs. These inmates will receive up to 6 months of intense intervention and relapse prevention planning.

During the period between July 1, 2017 and June 30, 2018, there were 31 new male admissions, and 21 completed the program successfully. No services were reported for women during this period.

Women's Community Correctional Center

The Bridge Program is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills in treatment while transitioning to the community. Family therapy, psychological, and job development services were provided as the inmate re-connects with family and community resources.

At the beginning of FY 2018, there were approximately 15 inmates in WCCC Bridge program. During the period from July 1, 2017 to June 30, 2018, there were 39 new admissions, 30 successful completions, and 9 terminations due to non-compliance, with two participants still in programming and carried over into the 2018-19 fiscal year.

Saguaro Correctional Center

The Saguaro Correctional Center is contracted under the *Mainland Branch* of the *State of Hawaii Public Safety Department* and offers Outpatient (Level 2) and Intensive Residential (Level 3) substance abuse treatment for adult male offenders.

During the July 1, 2017 through June 30, 2018 fiscal year, there were approximately 356 new admissions and 256 successful completions recorded for both levels of treatment services. There were also 57 non-completions, including terminations due to non-compliance, administrative sanctions, and the offenders' decision to voluntarily withdraw from treatment. Programming had 39 offenders carried over from last reported fiscal year. Detailed reports may be viewed via the Mainland Branch data reports.

SUBSTANCE ABUSE TREATMENT SERVICES

Treatment Type	Completed	Admitted	%
Outpatient Treatment Services	268	417	64
HCF/KCCC/KCF/MCCC/WCF/WCCC			
Intensive Outpatient	120	144	83
HCF/WCF/KCF	91	111	82
WCCC	29	33	88
Residential	96	103	93
WCF Kashbox	66	42	1.57
WCCC Ke Alaula	30	61	49
CBIP	260	279	93
OCCC	240	260	92
WCCC	20	19	1.05
RIP	21	31	68
Saguaro	256	356	72
Bridge	112	168	67
OCCC Laumaka	63	114	55
WCCC Olomana	30	39	77
Total	1114	1483	75

NOTE: Inmate ethnicity is not available for those that received substance abuse treatment.