



**DEPARTMENT OF PUBLIC SAFETY
REPORT TO THE 2018 LEGISLATURE**

**IN RESPONSE TO
ACT 193, SESSION LAWS OF HAWAI'I 2010
COGNITIVE RESTRUCTURING**

December 2017

**Department of Public Safety
Corrections Program Services Division
In Response to Act 193, Session Laws of Hawai'i, 2010**

INTRODUCTION

In 2010, the Twenty-Fifth Legislature passed Act 193 with the purpose of authorizing the Department of Public Safety (PSD) to offer reentry/reintegration programs within Hawaii's correctional facilities that included cognitive-behavioral therapy with cultural and other interventions. The Legislature intended these programs to promote the successful transition of offenders from incarceration to the community by addressing domestic violence, addictions, self-mastery through identity, and community connections.

PSD was unable to implement new contracts for reentry/reintegration programs that included cognitive-behavioral therapy with cultural and other interventions due to the lack of additional funding. PSD was able, however, to continue with the provision of intervention programs to address reentry/reintegration during FY 2014 with previously reduced allocations for cognitive-behavioral programs that focused on self development, substance abuse treatment, and/or sex offender treatment.

EDUCATION PROGRAM SERVICES

General Course Descriptions/Criteria

Self Development Courses promote personal change and personal growth. Courses in this group include Cognitive Skills, Creative Writing, Explorations, Basic and Technical Education, Parenting, Hawaiian Studies, Language and Culture, Yoga, Toastmaster, Career and Technical Education.

Criteria: The Cognitive Skills course requires a reading level at Grade 6.0, as determined on the Test of Adult Basic Education. Parenting is open to all students who are custodial parents. All other self-development courses are open to any interested student or students referred to the course by their case managers.

Cognitive Restructuring Programs

Lifestiles: A 12-week program of self-change that meets the cognitive skills requirement. It teaches criminal thinking intervention, building motivation, setting goals, thinking skills, learning thinking errors, and making critical choices, culminating in obtaining a discharge plan.

Thinking for a Change 4.0 (T4C): is an integrated cognitive behavioral change program authored by Jack Bush, Ph.D., Barry Glick, Ph.D., and Juliana Taymans, Ph.D., under a cooperative agreement with the National Institute of Corrections (NIC). T4C incorporates research from cognitive restructuring theory, social skills development, and the learning and use of problem solving skills.

Transformations: A program based on research demonstrating that antisocial thoughts and cognitive skill deficits are causally related to criminal behavior. It targets these antisocial thoughts and skill deficits by using a behavioral approach that includes modeling, rehearsing, and rewarding. It is not for substance abuse or sex offender treatment.

SUBSTANCE ABUSE TREATMENT SERVICES

PSD began assigning inmates to substance abuse treatment levels on July 1, 2009, by utilizing LSI-R/ASUS summary score results. This was accomplished after implementing an Intensive Outpatient Program (IOP) at Halawa and Waiawa Correctional Facility for moderate risk offenders. With the implementation of IOP, PSD is able to provide three levels of separate and specific substance abuse treatment for low, moderate, and high risk sentenced male and female felons including ancillary services to promote continuity within the system.

General Treatment Description

Outpatient Substance Abuse Treatment (Level II):

The Halawa, Waiawa, and Kulani Correctional Facilities, Women's, Kauai and Maui Community Correctional Centers all provide Level II substance abuse treatment services through PSD's Purchase of Service Contract with the Salvation Army.

Level II services utilize a cognitive-behavioral treatment component lasting 44 hours, typically meeting once per week. Evidence-based, cognitive-behavioral therapy curriculum is utilized. Level II services are for inmates who are at a lower risk for criminal conduct and meet diagnostic criteria for substance abuse or dependence. They have had minimal disruption in their psychosocial or vocational functioning due to substance abuse.

For FY 2017, there were 371 admissions and 371 successful completions. All participants successfully completed programming.

Intensive Outpatient Substance Abuse Treatment (Level II.5):

Halawa, Kulani and Waiawa Correctional Facility provide IOP substance abuse treatment services through PSD's Purchase of Service Contract with the Salvation Army. PSD was also successful in developing and implementing a smaller IOP program at the Women's Community Correctional Center (WCCC) by utilizing existing qualified staff to administer the program.

The IOP consists of daily, two- to three-hour group sessions, 4 days per week with accompanying individual counseling sessions as needed. The Change Companies' Residential Drug Abuse Program, which is an evidenced-based, cognitive-behavioral curriculum, is utilized. The duration of the program is approximately 9 months to completion. Each group is a closed-ended group with a maximum of 15 persons per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

For FY 2017 there were 128 admissions and 114 successful completions. No inmates were terminated due to rules violations. The remaining 14 inmates are either still in treatment, have been transferred to another facility, have been paroled or discharged from custody, and/or decided not to continue with treatment.

'O Malama, Women's IOP:

The IOP consists of daily, two- to three-hour group sessions, 4 days per week with accompanying individual counseling sessions as needed. Staff utilizes the Change Companies' Residential Drug Abuse Program, which is an evidenced-based, cognitive-behavioral curriculum. The duration of the program is approximately 9 months to completion. Each group is a closed-ended group with up to 20 women per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

For FY 2016 there was a decrease in participants serviced within the women's IOP programming due to staff vacancies which included both a line staff member and supervisor. As a result, there were only 20 admissions and 12 successful completions. One inmate was terminated due to rules violations. The remaining 8 inmates are still in treatment; carried over from one fiscal year to the next.

Residential Substance Abuse Treatment (Level III):

There are two Cognitive Therapeutic Communities that operate within PSD: Ke Alaula (women's program) and KASHBOX (men's program)

Ke Alaula, a therapeutic community (TC) of 50-bed capacity is operated by Hina Mauka through a purchase of service agreement with PSD is located within the WCCC facility. KASHBOX is a 102-bed capacity TC operated by the State of Hawaii with full-time civil service positions. Both programs are intensive, long term, 9- to 12-month therapeutic communities.

Cognitive-Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together, separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior. Specialized services are also provided in the area of sexual and physical abuse, domestic violence, criminality, and other types of gender responsive issues.

The average daily participation of inmates in the program is 45. At the beginning of FY 2016, there were approximately 50 inmates in the program. Between July 1, 2016 and June 30, 2017, there were 77 new admissions, 32 successful completions, and 42 discharges before completion. The remaining three are still in treatment and carried over to the next fiscal year.

The Ke Alaula program allows women to remove themselves from treatment for various reasons. Participants are encouraged to address personal issues which may arise within the treatment context as a means of promoting personal growth. While the reward is substantial in doing so for some, it also increases anxiety in others. The increase in anxiety may be so severe that participants may deem themselves “not ready” to address those issues and remove themselves from programming. Out of the 42 discharges before completion, 24 were due to non-compliance, the rest withdrew from participation, with 3 inmates due to parole or administrative discharge.

The KASHBOX Therapeutic Community located at the Waiawa Correctional Facility is a 102-bed capacity Residential Program (Level 3.0). It is an intensive 12-month program that serves the male population with the highest risk and highest needs.

Cognitive-Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together, separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior on a daily basis.

Between July 1, 2016 and June 30, 2017, there were 54 new admissions, 46 successful completions, and 8 terminations due to non-compliance with the treatment plan. The remaining inmates continued their participation in the program after the June 30, 2017 date.

Oahu Community Correctional Center, Laumaka Work Furlough Center:

Laumaka Bridge Program is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills learned in treatment while transitioning to the community. Family therapy and job development services are provided as the inmate reconnects with family and community resources.

At the beginning of FY 2016, there were approximately 30 inmates participating in the Laumaka Bridge program. Between July 1, 2016 and June 30, 2017, there were 136 new admissions, 91 successful completions, and 42 terminations due to non-compliance. The daily average inmate participation was 64 inmates at any given time.

The Cognitive Behavioral Intervention program (CBIP) is designed to address patterns of negative attitudes and behaviors displayed by the inmate while transitioning back into the community. These attitudes and behaviors are documented on a referral form by the

case manager and then submitted to the provider. The purpose of this program is to provide an opportunity for the inmate to “get back on track” and to address identified patterns through cognitive behavioral, evidence based curriculum.

During the period between July 1, 2016 and June 30, 2017, new admissions included 252 male and 31 female offenders for a total of 283 new admissions. During this period, 32 females and 234 males successfully completed the program, a total 266 successful completions altogether.

The Relapse Intervention Program (RIP) is offered at the Waiawa Correctional Facility and the Women’s Community Correctional Center and is designed to provide an opportunity for offenders in furlough programs whom have a positive urinalysis result to go to a minimum security status facility as opposed to medium security status. The case manager would document the circumstances regarding the positive UA on the referral form and submit it to the provider. While in the RIP Program, the offender will participate in evidence based cognitive behavioral programming to specifically target the offenders needs. These inmates will receive 6 to 9 months of intensive intervention and relapse prevention planning.

During the period between July 1, 2016 and June 30, 2017, there were 40 new male admissions, and 39 completed the program successfully. No services were reported for women during this reporting period.

Women's Community Correctional Center

The Bridge Program is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills in treatment while transitioning to the community. Family therapy, psychological, and job development services were provided as the inmate re-connects with family and community resources.

At the beginning of FY 2016, there were approximately 15 inmates in WCCC Bridge program. During the period from July 1, 2016 to June 30, 2017, there were 32 new admissions, 21 successful completions, and 9 terminations due to non-compliance.

Saguaro Correctional Center

The Saguaro Correctional Center is contracted under the *Mainland Branch* of the *State of Hawaii Public Safety Department* and offers Outpatient (Level 2) and Intensive Residential (Level 3) substance abuse treatment for adult male offenders.

During the fiscal year, July 1, 2016 through June 30, 2017, there were approximately 346 new admissions and 225 successful completions recorded for both levels of treatment services combined. There were also 69 non-completions including terminations due to non-compliance, administrative sanctions, and the offender decision to voluntarily withdraw from treatment. Programming had 52 offenders carried over

from last fiscal year. Detailed reports may be viewed via the Mainland Branch data reports.

Class Completions By Ethnicity July 1, 2016 through June 30, 2017										
Program	Course	Hawaiian			Non-Hawaiian			Totals		
		Completed	Enrolled	%	Completed	Enrolled	%	Completed	Enrolled	%
Assessments	Assessments	532	972	55%	910	1,499	61%	1,442	2,471	58%
	Academic	34	92	37%	55	125	44%	89	217	41%
	Vocational	20	62	32%	51	103	50%	71	165	43%
	Totals	586	1,126	52%	1,016	1,727	59%	1,602	2,853	56%
Academic	Adult Basic Education I	0	15	0%	3	46	7%	3	61	5%
	Adult Basic Education II	6	58	10%	8	98	8%	14	156	9%
	Adult Basic Education III	28	73	38%	26	72	36%	54	145	37%
	Adult Basic Education IV	43	85	51%	36	61	59%	79	146	54%
	GED	1	3	33%	0	2	0%	1	5	20%
	General Education	127	630	20%	233	1,015	23%	360	1,645	22%
	Study Period	7	8	88%	10	12	83%	17	20	85%
	Post Secondary	532	972	55%	0	1	0%	532	973	55%
	Totals	744	1,844	40%	316	1,307	24%	1,060	3,151	34%
Basic Career & Technical Education Prep	Basic Career & Technical Education	48	267	18%	54	335	16%	102	602	17%
	Intermediate Career & Technical Education	48	250	19%	86	285	30%	134	535	25%
	Totals	96	517	19%	140	620	23%	236	1,137	21%
Career & Technical Education	Core Curriculum	5	27	19%	11	43	26%	16	70	23%
	OSHA Safety	18	21	86%	50	56	89%	68	77	88%
	Applied Construction Math	4	8	50%	14	32	44%	18	40	45%
	Assessment/Certification	1	5	20%	1	7	14%	2	12	17%
	General Construction	64	72	89%	62	76	82%	126	148	85%
	Plumbing	16	25	64%	18	25	72%	34	50	68%
	Electrical	1	9	11%	7	14	50%	8	23	35%
	Cabinetry	2	3	67%	6	13	46%	8	16	50%
	Culinary Arts	31	36	86%	29	35	83%	60	71	85%
	General Courses	34	72	47%	111	169	66%	145	241	60%
	Licensing	532	972	55%	0	1	0%	532	973	55%
	Business Management	4	6	67%	8	9	89%	12	15	80%
	Introduction to Information Technology	26	75	35%	73	158	46%	99	233	42%
	Microsoft Office Specialist 2013	7	19	37%	11	36	31%	18	55	33%
	Microsoft Office Specialist 2016	9	18	50%	11	22	50%	20	40	50%
	Employment Services	0	4	0%	0	1	0%	0	5	0%
Totals	754	1,372	55%	412	697	59%	1,166	2,069	56%	
College/University	Independent Study	0	8	0%	0	8	0%	0	16	0%
	Totals	0	8	0%	0	8	0%	0	16	0%
Language & Cultural Studies	Pacific Island Culture	6	10	60%	11	16	69%	17	26	65%
	Hawaiian Culture	12	24	50%	7	23	30%	19	47	40%
	Hawaiian Language	9	27	33%	11	21	52%	20	48	42%
	Spanish Language	532	972	55%	1	3	33%	533	975	55%
	Japanese Language	532	972	55%	1	4	25%	533	976	55%
	Totals	1,091	2,005	54%	31	67	46%	1,122	2,072	54%
Self Development	Thinking for a Change	86	164	52%	87	166	52%	173	330	52%
	Cognitive Skills Basic Course	69	193	36%	132	302	44%	201	495	41%
	Cognitive Skills Intensive Course	2	2	100%	2	7	29%	4	9	44%

	Cognitive Skills	14	15	93%	31	39	79%	45	54	83%
	Parenting	131	233	56%	158	283	56%	289	516	56%
	Health Management	2	23	9%	7	52	13%	9	75	12%
	Toastmasters	10	52	19%	25	129	19%	35	181	19%
	Tutor Training	5	8	63%	6	12	50%	11	20	55%
	Men In Transition	20	32	63%	37	58	64%	57	90	63%
	Women In Transition	33	58	57%	36	76	47%	69	134	51%
	Intensive Re-entry for Women	13	17	76%	25	28	89%	38	45	84%
	Totals	385	797	48%	546	1,152	47%	931	1,949	48%
Workshops/Seminars	Life Skills	11	15	73%	31	41	76%	42	56	75%
	Self Improvement	132	294	45%	296	548	54%	428	842	51%
	Employment	7	16	44%	13	33	39%	20	49	41%
	Communication	29	44	66%	37	55	67%	66	99	67%
	Creative Writing	8	32	25%	16	67	24%	24	99	24%
	Arts & Crafts	20	22	91%	22	23	96%	42	45	93%
	Guest Speaker	13	82	16%	32	150	21%	45	232	19%
	NIC/DPS	71	73	97%	103	105	98%	174	178	98%
	Totals	291	578	50%	550	1,022	54%	841	1,600	53%
Community Involvement	Service to My Community	532	972	55%	6	7	86%	538	979	55%
	Totals	532	972	55%	6	7	86%	538	979	55%

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NOTE: Inmate ethnicity is self-reported.

SUBSTANCE ABUSE TREATMENT SERVICES

Treatment Type	Completed	Admitted	%
Outpatient (Level II.0)	371	371	100
HCF/KCCC/KCF/MCCC/WCF/WCCC			
Intensive Outpatient (II.5)	126	148	85.
HCF/WCF/KCF	114	128	89
WCCC O Malama	12	20	57
Residential (III.0)	78	131	60
WCF Kashbox	46	54	85
WCCC Ke Aulaula	32	77	42
CBIP	265	283	94
OCCC	234	252	93
WCCC	31	31	100
RIP	39	40	98
Saguaro (II.0 and III.0)	225	346	65
Bridge	112	168	67
OCCC Laumaka	91	136	67
WCCC Olomana	21	32	66
Total	1216	1488	82

NOTE: Inmate ethnicity is not available for those who received substance abuse treatment.