



DEPARTMENT OF PUBLIC SAFETY  
REPORT TO THE 2012 LEGISLATURE

ACT 193, Sessions Law of Hawaii 2010  
RELATING TO COGNITIVE RESTRUCTURING

December 2011

## **INTRODUCTION**

The Twenty-Fifth Legislature, 2010, passed Act 193 with the purpose of authorizing the Department of Public Safety (PSD) to offer reentry/reintegration programs within Hawaii's correctional facilities that included cognitive behavioral therapy with cultural and other interventions. The legislative intent of these programs was to promote the successful transition of offenders from incarceration to the community by addressing domestic violence, addictions, self-mastery through identity and community connections. PSD was required to meet the intent of the Act 193 with reduced state and federal funds appropriated for offender programs as a result of the country's unstable economy.

In the department's effort to recover some of the inmate services terminated as a result of budget reductions, management within the individual correctional facilities were encouraged by PSD to collaborate with county partners and community organizations to provide reentry/reintegration activities through the use of volunteers. These activities are not included in this report since funding is not available through PSD to ensure the consistent delivery of evidence-based services.

### **EDUCATION PROGRAM SERVICES (General Course Descriptions/Criteria) ADULT BASIC EDUCATION (ABE)**

ABE addresses reading, math and language needs ranging from literacy to functional capacity for adult learners. Learners at these levels have minimal functional ability in reading, writing and math. Most learners at this level have difficulty in problem solving, understanding written texts including directions, maps and forms, have low or moderate skills in basic arithmetic, and would likely be placed in low skilled jobs.

**Criteria:** Test of Adult Basic Education Score range from grade point 1.0-9.9

### **GENERAL EDUCATION DIPLOMA (GED)**

GED provides review in reading based classes such as literature, social studies and science. The course also provides review in mathematics, writing skill with a focus on expository writing and English grammar. Students who pass the national examination receive a high school diploma from Hawaii's Department of Education.

**Criteria:** Test of Adult Basic Education Core Range from grade point 9.9-12.9/GED Official Practice Tests Score of 500 or higher.

### **VOCATIONAL TRAINING**

Although some vocational training courses survived the budget reductions as a result of the state's budget crisis, most vocational training courses were eliminated as the department was required to reduce inmate programs to just core functions. Listed below are the vocational programs that survived the budget reductions.

**Associate of Science (AS) Program** available at the Arizona Saguaro Correctional Center are designed for those who possess a high school diploma or GED diploma/certificate. Courses include a two year training program leading to certificate or

an AS degree in Construction Trades from Pima Community College. All credits are transferable to the University of Hawaii. Courses include Plumbing, Electrical and Carpentry.

**Criteria:** High School Diploma or GED, and passing scores on the Construction Math and OSHA Safety courses. Inmates entering the AS degree program must meet conditions set by federal funding guidelines (compliance with Jacob Wetterling Act, 35 yrs. or younger and within 7yrs of release).

**Culinary Arts Program** available at the Women's Community Correctional Center required collaboration with Kapiolani Community College and the temporarily redirecting federal funds for the program to survive. Culinary Arts is a two year training course leading to an AS degree in Culinary Arts. Students may choose to participate in the one-year certificate program that allows them upon completion to seek employment in the food service industry. Students may choose to continue their course work toward the AS degree at Kapiolani Community College.

**Criteria:** High School Diploma or GED. Inmates entering the program must also meet conditions set by federal funding guidelines (compliance with Jacob Wetterling Act, 35 yrs. or younger and within 7yrs of release).

**Self Development Courses** focus on personal change and personal growth. Courses in this group include Cognitive Skills, Parenting for active parents, Hawaiian Studies, Yoga, Toastmasters, Creative Writing, Music and Art.

The majority of the Re-Entry and Pre-Release courses lost funding due to budget cuts. The department was able, however to temporarily redirect federal funds to continue services to female offenders under HRS 367D-008, Gender Responsive Community Based Programs until the end of the current fiscal year.

**Criteria:** Cognitive skills requires a reading level at grade point 6.0 as determined on the Tests of Adult Basic Education.

Parenting is open to all students who are custodial parents. All other self-development courses are open to any interested student or students referred to the course by their case manager.

## **SUBSTANCE ABUSE TREATMENT SERVICES**

The Department of Public Safety, Corrections Program Services, Substance Abuse Services Branch, began assigning inmates to substance abuse treatment levels on July 1, 2009, by utilizing LSI-R/ASUS summary score results. This was accomplished after implementing an Intensive Outpatient Program (IOP) at Halawa Correctional Facility and Waiawa Correctional Facility for moderate risk offenders. With the implementation of IOP, the department was able to provide separate and specific substance abuse treatment for low, moderate, and high risk sentenced male and female felons.

## **General Treatment Description**

### **OUTPATIENT SUBSTANCE ABUSE TREATMENT (LEVEL II):**

Women's Community Correctional Center, Halawa Correctional Facility, Waiawa Correctional Facility, Kauai Community Correctional Center, and Maui Community Correctional Center provide Level II substance abuse treatment services through the Department of Public Safety's Purchase of Service Contract with Salvation Army.

Level II services utilize a cognitive behavioral treatment component lasting 44 hours, meeting once per week. An evidence based cognitive behavioral therapy curriculum is utilized. Level II services are for inmates who are at lower risk for criminal conduct and meet diagnostic criteria for substance abuse or dependence. They have had minimal disruption in their psychosocial or vocational functioning due to substance abuse.

For FY 2011, there were 209 admissions and 152 successful completions. Only one inmate was terminated due to rule violations. The remaining inmates continued with their programming, transferred to another facility, paroled, discharged from custody, and/or dropped out of treatment.

### **INTENSIVE SUBSTANCE ABUSE TREATMENT (LEVEL II.5):**

Halawa Correctional Facility and Waiawa Correctional Facility provide Intensive Outpatient (IOP) substance abuse treatment services through the Department of Public Safety's Purchase of Service Contract with the Salvation Army. PSD was also successful in developing and implementing a smaller IOP program at the Women's Community Correctional Center by utilizing existing qualified staff to administer the program.

The IOP consists of daily, two to three hour group sessions, 4 days per week with accompanying individual counseling sessions as needed. The Change Companies' Residential Drug Abuse Program, which is an evidenced based, cognitive-behavioral curriculum, is utilized. The duration of the program is approximately 9 months to completion. Each group is a closed ended group with a maximum of 15 men per group. Assessment and treatment planning, individual and family counseling, and aftercare services are provided for each participant.

For FY 2011 there were 139 admissions and 59 successful completions. No inmates were terminated. The remaining inmates continued with their programming, transferred to another facility, paroled, discharged from custody, and /or dropped out of treatment.

### **RESIDENTIAL SUBSTANCE ABUSE TREATMENT (LEVEL III):**

#### **Waiawa Correctional Facility (WCF) KASHBOX**

KASHBOX, a Therapeutic Community (TC) of 102-bed capacity, is operated by the Department of Public Safety, Corrections Program Services, Substance Abuse Services Branch.

KASHBOX is an intensive long-term, therapeutic community treatment program lasting 9-15 months. It is for male inmates diagnosed as substance abusers or substance dependent and who are assessed as having significant risk for criminal conduct.

Cognitive-Behavioral Treatment and Social Learning Theory are combined to address criminal thinking and behavior. The inmates work through the Residential Drug Abuse Program cognitive behavioral curriculum. As the TC residents live and work together separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior.

The average daily participation of inmates in the program is 102 at any given time. There is also a waiting list (at times) for those in general population who recently transferred to Waiawa Correctional Facility to enter the program. At the beginning of FY2011, there were approximately 102 inmates in various stages of treatment in Kashbox. During the period from July 01, 2010 to June 30, 2011, there were 109 new admissions, 67 successful completions, and 17 terminations due to non-compliance with treatment plan, misconducts, or new charges. The remaining inmates continued their participation in the program after the June 30, 2011 date.

#### **Women's Community Correctional Center (WCCC) Ke Alaula**

Ke Alaula, a Therapeutic Community (TC) of 50-bed capacity is operated by Hina Mauka through a purchase of service agreement with the Department of Public Safety and is located within the WCCC facility. The program is an intensive long-term, 9 to 12 month therapeutic community.

Cognitive-Behavioral Treatment and Social Learning Theory combine to address criminal thinking and behavior. As the TC residents live and work together separated from the general population, they hold each other accountable to practice recovery skills and change their criminal thinking and behavior. Specialized services are also provided in the area of sexual and physical abuse, domestic violence, criminality and other types of gender responsive issues.

The average daily participation of inmates in the program is 50. At the beginning of FY 2011, there were approximately 50 inmates in the program. Between July 01, 2010 and June 30, 2011, there were 59 new admissions, 35 successful completions, and 1 termination due to non-compliance with treatment plan. The remaining inmates continued their participation in the program after the June 30, 2011 date.

#### **Oahu Community Correctional Center, Laumaka Work Furlough Center**

Laumaka Bridge Program is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or Residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills learned in treatment while transitioning to the community. Family therapy and job development services are provided as the inmate reconnects with family and community resources.

At the beginning of FY 2011, there were approximately 32 inmates in Laumaka Bridge program. Between July 01, 2010 and June 30, 2011, there were 53 new admissions, 47 successful completions, and no terminations due to non-compliance with treatment plan. The daily average inmate participation was 32 inmates at any given time.

### **Women's Community Correctional Center**

Olomana Bridge Program is a residential substance abuse reentry, work furlough program for inmates who have completed IOP, or Residential substance abuse treatment while incarcerated. The program provides opportunities to practice social learning, cognitive, and recovery skills learned in treatment while transitioning to the community. Family therapy, psychological, and job development services are provided as the inmate re-connects with family and community resources.

At the beginning of FY 2011, there were approximately 15 inmates in WCCC Bridge program. During the period from July 01, 2010 to June 30, 2011, there were 16 new admissions, 12 successful completions, and no terminations due to non-compliance with treatment plan. Due to Bridge counseling and WCCC case manager staff shortages; the daily average inmate participation was ten.

## EDUCATION PROGRAM SERVICES

Program Name	Course Name	Hawaiian			Non-Hawaiian			Total		
		Completed	Enrolled	%	Completed	Enrolled	%	Completed	Enrolled	%
Academic	Adult Basic Education I	62	134	46%	175	492	36%	237	626	38%
	Adult Basic Education II	142	402	35%	357	1,095	33%	499	1,497	33%
	Adult Basic Education III	10	73	14%	9	165	5%	19	238	8%
	Adult Basic Education IV	118	262	45%	244	663	37%	362	925	39%
	GED	134	332	40%	287	929	31%	421	1,261	33%
	General Education	19	74	26%	55	204	27%	74	278	27%
<b>Academic Totals</b>		<b>485</b>	<b>1,277</b>	<b>38%</b>	<b>1,127</b>	<b>3,548</b>	<b>32%</b>	<b>1,612</b>	<b>4,825</b>	<b>33%</b>
Assessments	Academic	175	224	78%	908	1,165	78%	1,083	1,389	78%
	Intake	356	544	65%	1,184	1,820	65%	1,540	2,364	65%
<b>Assessments Totals</b>		<b>531</b>	<b>768</b>	<b>69%</b>	<b>2,092</b>	<b>2,985</b>	<b>70%</b>	<b>2,623</b>	<b>3,753</b>	<b>70%</b>
College & University		9	11	82%	25	27	93%	34	38	89%
Cultural Studies		145	285	51%	482	834	58%	627	1,119	56%
Self Development	Incl. Cognitive Skills	370	678	55%	1,239	2,485	50%	1,609	3,163	51%
Vocational		168	343	49%	571	1,198	48%	739	1,541	48%
Workshops Seminars		261	364	72%	764	1,073	71%	1,025	1,437	71%

**NOTE:** Inmate ethnicity is self-reported.

## SUBSTANCE ABUSE TREATMENT SERVICES

Treatment Type	Completed	Enrolled	%
<b>Out-Patient (Level II)</b>	<b>152</b>	<b>209</b>	<b>73%</b>
<b>Intensive Out-Patient (Level II.5) HCF/WCF/WCCC</b>	<b>59</b>	<b>139</b>	<b>42%</b>
<b>Residential (Level III)</b>	<b>102</b>	<b>320</b>	<b>32%</b>
WCF Kashbox	67	211	32%
WCCC Ke Aulaula	35	109	32%
<b>Bridge</b>	<b>59</b>	<b>116</b>	<b>51%</b>
OCCC Laumaka	47	85	55%
WCCC Olomana	12	31	39%
<b>Total</b>	<b>372</b>	<b>784</b>	<b>47%</b>

**NOTE:** Inmate ethnicity is not available for this reporting group.